



CONESTOGA HIGH SCHOOL STUDENT SERVICES OFFICE



PARENT BRAG SHEET

As we begin to think about writing your child's recommendation for college, we would love to hear from you! We value the wisdom you have about your child and will use this information as a guide. This is your chance to have some input into your child's recommendation. College admission counselors love **stories** – ones that bring each student's uniqueness to life!

If you do not find these particular questions helpful, you can also try writing a letter to the counselor.

You can submit your narrative to your child's counselor, send it via email, or click on the link provided by your counselor.

Thanks so much!

1. These are the traits that colleges are looking for in prospective students: maturity; motivation; leadership; integrity; reaction to setbacks; concern for others; self-confidence; initiative/independence, etc. Please choose three traits and tell us how your child has exhibited these qualities in the past four years. Feel free to share a specific story.
2. In what areas has your child shown the most development and growth over the last three to four years? Tell us a story from high school which illustrates development and growth and/or shows characteristics and personality. Consider a specific experience that truly changed or helped him/her fully appreciate his/her strengths and talents.
3. Is there anything you wish to add which would help your counselor in writing the recommendation for colleges (e.g. educational background; special family situation; special medical history; family trauma; personal achievements, etc.)?

Thank you for taking the time to complete these questions!

The Student Services Staff